

FRESIA PAINTING WORKSHOP: ART MATERIALS TO BRING

- 1) **Easel** – French easels are best but any easel that enables you to be mobile is adequate. You can get a [Monet French easel](#) at amazon.com for \$100 or a [Blick French easel by Julian](#) for \$140 at dickblick.com.



- 2) **Palette** – all French easels come with a wood palette. Please do not use a paper palette.

- 3) **Oil paints** - when considering which oil paints to buy, buy the best you can afford. If you are on a budget, you can save by buying “student-grade” paint. “Student-grade” means the paint has less pigment, more filler. They make a difference, but student-grade is sufficient for the first five years of practice. Good student-grade brands include Winsor & Newton, Winton, Gamblin 1980, Daler-Rowney Georgian, Maimeri Classico, Utrecht Studio Series. One is good as the next. However, certain colors are not available in one brand alone, so you may have to hunt around.

The only student-grade that I use is Maimeri Classico’s titanium white. Otherwise, I use only “professional-grade” paint such as Rembrandt and Gamblin.

The colors that I recommend as **NECESSARY** are:

Ultramarine blue
Cobalt blue
Cerulean blue
Viridian
Permanent green light
Cadmium yellow light
Cadmium yellow medium or deep
Cadmium orange
Cadmium red light
Alizarin crimson
Titanium White

The colors below are **OPTIONAL** (and some are professional-grade only):

Sevres (instead of Cerulean)
Turquoise
Emerald green (Rembrandt)
Quinachridone Red
Dioxin purple
Violet Gray (Old Holland)

As far as size of the tubes, 37 ml is adequate for a 3-day class. For the white, you will need 1 large tube (150 ml) for the 3-day class and perhaps 2 tubes (just to be sure) if you're attending both sessions. [For Bellagio, 37 ml is also adequate and 2 tubes of white for the 6-day class.]

4) **Brushes** – The method I teach requires a “flat filbert, rounded tip” brush. *Filbert* means that the brush is bristle, made from hog’s hair as opposed to a sable brush, which is very soft and flexible. *Flat* means that bristles are much wider than they are thin on the edges unlike brushes that are round as in a round pencil. *Rounded tip* means that the bristles form an arch as opposed to bristles whose ends are chiseled or cut at an angle.

Utrecht’s **209-F series** is perfect; do not confuse it with Series 209, 209-B or 209-R as they are shaped differently as you can see below. You can order Utrecht brushes at www.utrechtart.com or at dickblick.com.

In terms of brush size, Utrecht # 2, 4 and 6 are all you need to start with. *If you are buying a different brand, the size # may be different.*



5) **Canvases** – Either cotton canvas boards or stretched canvases will do. Bring whatever size you are comfortable with. Just remember you will have to bring wet canvases back. I recommend bringing 5 to 6 12×16-inch canvases for the 3-day Florida class. [For Bellagio, bring 10 to 12 12×16-inch for the 6-day class.]

We work small given the difficulty of traveling with wet canvases. You might want to consider buying a [canvas carrying case](#), which is light and works well.



6) **Palette knife** – you only need 1 as you will use this to clean your palette. We don't use palette knives to paint.



7) **Vine charcoal** – get the SOFT kind; you only need 1 or 2 sticks.



8) **Rags or paper towels** – you'll need this to clean your brushes and palette. Old towels are best. I recommend cutting them into 6×8-inch pieces.

NOTE: We will provide **odorless paint thinner**.

For your convenience, we've assembled a [shopping list](#) on dickblick.com so you can buy most of the items listed here.